



# Counseling

"I am worried about a friend."

"I don't know what to do."

"We always argue at home."

"Other students pick on me."

"It's too much, I can't stand it anymore."

We can help!



**Isabel Ludewig**  
School Counselor



**Kristina Popp**  
School Counselor



**Manuel Stechmann**  
School Counselor



**Nikolaus Vehring**  
School Social Worker

### We counsel and support you...

- ... if you are worried about somebody.
- ... if you face an important decision and don't know what to do.
- ... if you need somebody to talk to.
- ... if you have trouble at home.
- ... if you have a conflict with another student, teacher or anyone else.
- ... if you have trouble studying or motivating yourself.
- ... if you are confronted with problems you don't know how to handle.

- Our counseling is ...**
- ... **strictly confidential.**
  - ... **independent.**
  - ... **voluntary.**

### Contact:

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